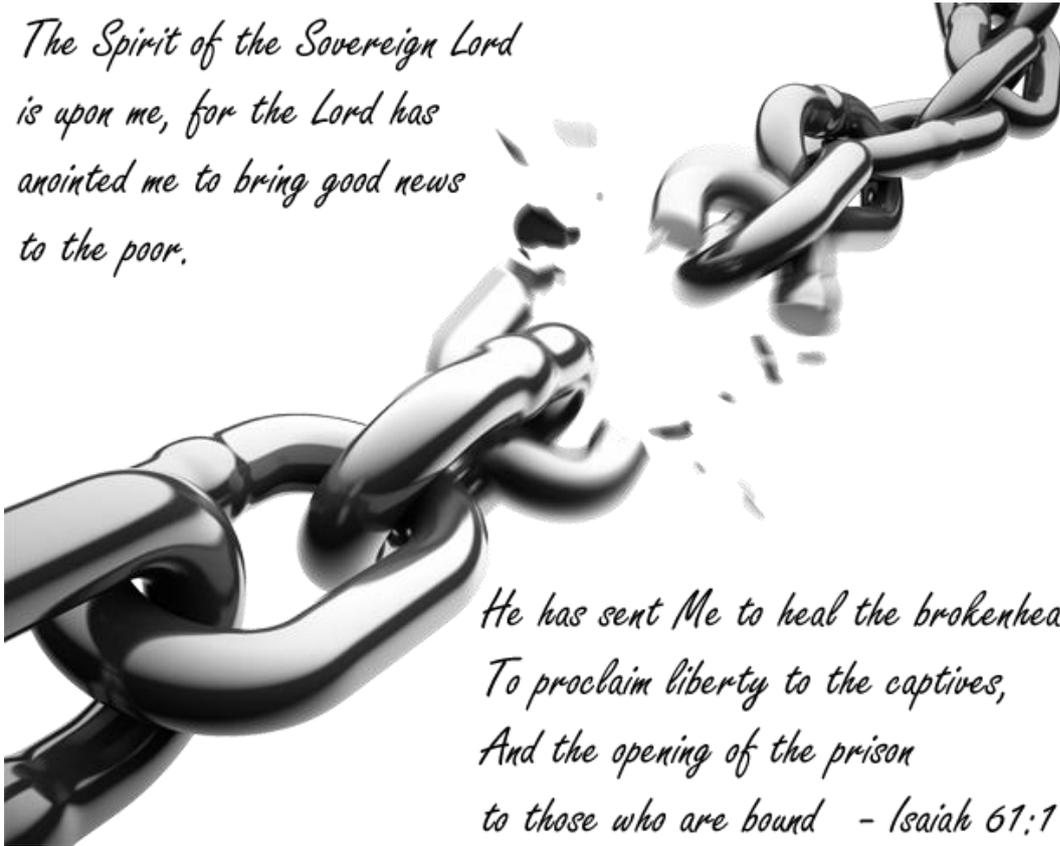


‘Trials and Tribulation’ Inner Healing and Deliverance Prayers

*The Spirit of the Sovereign Lord
is upon me, for the Lord has
anointed me to bring good news
to the poor.*



*He has sent Me to heal the brokenhearted,
To proclaim liberty to the captives,
And the opening of the prison
to those who are bound - Isaiah 61:1*

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*******Most of the prayers in this PDF are unique and not a replica of other people's ideas ~ they are created through revelation of the Holy Spirit and our view of what He has shown us as He works with us. There may be the odd prayer or idea that has been added to our Ministry from others because it impacted us, but more often than not you will be viewing an original.***

All prayers are subject to change as God gives new insight and revelation. All prayers are to be prayed out loud. Often you will see we ask you to do a prophetic act. A prophetic act is an action of obedience as a step of faith in the natural (physical) realm that supports God's workings in the spiritual realm, to release the power, presence and victory of God into a situation.

Prayer Of Protection: “Father God in the name of Jesus Christ and by the Power of Your Holy Spirit I pray that You would guide me through this journey of deliverance and healing. I thank You for the presence of the Holy Spirit.

I ask for Your protection, and that I am covered with the Blood of Jesus Christ. I also pray this protection over my loved ones, our pets, our belongings and our surroundings.

With the authority given to me by the Lord Jesus Christ of Nazareth, I bind you Satan, all demons and any other agents of Satan, my own human flesh which is antichrist, from any harm or attacks targeting me, my family, our homes and properties, our pets and belongings, our health and our finances, our businesses and our ministries.

I also bind you from any interference, distraction, transference, or blocking or counterfeiting the Holy Spirit, in Jesus name. I bind up and forbid any counterfeit gifts, un-godly manifestations, and lying signs and wonders, in Jesus name.

Father God, I thank You for Your heavenly angels and pray that they would be released in accordance with Your word.”

Please Note - Many of our prayers as an added precaution will include the term ‘ancestors’ to cover any sins that they may have participated in that you are unaware of.

His Timing – Throughout my life I had good health. I started to notice that things were starting to break down in my physical body around 2011. As the years progressed another affliction would ‘manifest’ in my body and things went from bad to worse. In October 2016 I had to lay down the Ministry because of my poor health and God told me that He was taking the Ministry in a new direction. The Lord had also previously promised me healing (through speaking directly to me) and other prophets in which He promised to heal not just one thing, but everything.

As I sought the Lord in various states of despair He would give me a revelation and a prayer, and each time I prayed it I would actually feel His presence and feel the cleansing take place, but there was never any healing. People would write to me and inform me that my prayers were very anointed and many people had received healing. I never understood why my prayers worked for others but not for me. Many times I felt hard done by and started thinking maybe I was deceived and was ready to pull the website down when lo and behold I would get another email or phone call informing me how wonderful the prayers were. To say it was challenging to keep believing and keep uploading the prayers when I got more and more unwell is an understatement. There really were times I entered into so much unbelief finding it almost impossible to believe that God would actually heal me.

At the end of 2017 during which I was suffering various debilitating symptoms I developed a skin lesion above and on my upper lip in which I had to have a biopsy. The result was cancer (basal cell carcinoma). I was sent to a plastic surgeon who informed me that I would probably have to have reconstruction surgery six months after the excision because the tumour encroached upon my philtral column, philtral

dimple and cupid's bow of my lips and the removal would more than likely cause distortion. (At the time of writing I am still awaiting the excision of this tumour in which I am hoping for a miracle where I will not even need any surgery). During my time of waiting a friend of mine sent me a clip on YouTube of a man who had been healed of a malignant growth simply by believing it was already done and standing on it. I watched the video and immediately felt grumpy. 'Sigh, not again', I thought to myself. I had spoken to God about this many times and He had shown me that my heart did not believe my confession when I tried this and that is why it failed for me. Why was it so easy for that man to believe and stand on it, and impossible for me?

I sought God and this is what He spoke to me – ***“Your Ministry is teaching about unyielded areas that are not brought under My blood. These are the areas that people hold on to and don’t allow Me access to. Not everybody has a testimony of healing like the one you just witnessed when they apply the same principle he did. Why? I gave him the faith to believe. You are given faith according to the measure (proportion) of your gift. Having then gifts differing according to the grace that is given to us, let us use them: if prophecy, let us prophesy in proportion to our faith; or ministry, let us use it in our ministering; he who teaches, in teaching; he who exhorts, in exhortation; he who gives, with liberality; he who leads, with diligence; he who shows mercy, with cheerfulness (Romans 12:6-9, NKJV). It is time to give you your faith. There are many ways for Jesus to heal. What works for one may not necessarily work for another. I am the same yesterday, today and forever – I do not change. I used many different ways according to the word of God, I still use many different ways today. I am doing a new way. The direction of your Ministry is, ‘How I am going to heal you’. Nothing is the same. A new concept but still backed up by the word. Many will receive healing by the way I am showing you. It is based on the blind man. Now as Jesus passed by, He saw a man who was blind from birth. And His disciples asked Him, saying, “Rabbi, who sinned, this man or his parents, that he was born blind?” Jesus answered, “Neither this man nor his parents sinned, but that the works of God should be revealed in him (John 9:1-3, NKJV).***

It is about My timing so the works of God can be made manifest. It is about Me allowing an affliction so I can be glorified. This is not because of pride – it is to bring many to the Lord. It is about miracles. You will walk in miracles. You were created as a sign and a wonder, and you will perform signs and wonders. “Moreover all these curses shall come upon you and pursue and overtake you, until you are destroyed, because you did not obey the voice of the LORD your God, to keep His commandments and His statutes which He commanded you. And they shall be upon you for a sign and a wonder, and on your descendants forever (Deuteronomy 28:45-46, NKJV). There are many chosen to be a sign and a wonder. You will recognise them and pray. You need to thank Me for allowing the afflictions so the works of God can be made manifest.”

(Interestingly I had two people over the last month, before receiving this word, telling me to thank God for all things, and particularly to thank Him for allowing the bad things that were happening to me so His greatness could be outworked. I had been doing this every day).

I pondered this word and felt even more confused. If God was telling me that I was going to be like the blind man and receive healing simply because He wanted to display His manifest works through me then what was the purpose of all the prayers I had been given if all I had to do was thank Him for allowing this so His works could be made manifest? Were they a waste of time if it was all about God allowing these afflictions, especially if there was no sin involved like the blind man? I could not work out how it all fitted together.

Three weeks later I received a word from the Lord which explained it all perfectly. This is the word: - ***“I have chosen you to display My glory through. You will have healings, signs, wonders and miracles. You believe you have done everything you know to do to receive from Me. You have! It is My timing – there is nothing you have done wrong, or haven’t done to receive from Me. It was always about My timing. What about the prayers? They didn’t help you! That was the point. Why would I give you prayers if they were not to heal you? Because the last and final prayer will tie all the pieces together. The prayers are an important part of the puzzle. How many times have you prayed, broken things off, lost hope, lost faith, not trusted Me, gained hope again, gained faith again, trusted Me again only to find nothing ever changes. The reason for this is My timing. I will strategically position you ready for My timing. Nothing you have done in God is ever wasted. Everything is for a purpose.*** (For me the reason I never received my healing was because of God’s perfect timing. Nothing I did could move the hands of God in my situation until He was ready. Many of you may be in the same boat. It is all about timing. God’s timing. His timing is perfect. The key is to never leave God or abandon the call of God over our lives. The will of God for us is to choose His will and not our own. Choosing His will is choosing to trust Him and continue ‘in Him’ even when it seems empty, fruitless and impossible. Believe it or not but this is the time we are actually producing the most fruit. Worshipping in spirit and in truth! When we are struggling and going through trials this is the time the enemy does a number on us. The enemy tells us that God no longer loves us, or that we will never receive our promise. The number one job of the enemy is to keep us from finding Jesus, and the second (when we have) is to turn us away from Him.

Why does God test us through these trials? Why does He push us to our limit to see if we will abandon Him or not? He showed me it was so we could fulfil the first commandment spoken by Jesus. ***And you shall love the LORD your God with all your heart, with all your soul, with all your mind, and with all your strength.’ This is the first commandment (Mark 12:30, NKJV).*** The word strength in this passage in Greek is **Ischus** and means ability, force, might. Might in this context is **Dunamis** and means power. Will we still love Him even when we do not understand? Will we still continue on ‘in’ Him when He is not actively doing what we want? God is asking us to push in with all our ability to continue on ‘in’ Him choosing to keep believing in His goodness even when we fail to see it.

The Bible says that God is good and wants to bless us and lavish us with His love. Loving God is easy when He is lavishing us with His blessings. The challenge is to continue to worship, praise, thank Him, love Him and seek Him when we are in the

middle of a trial. We need to make an active choice to choose to believe that God is good no matter what we see. This is what God is looking for. Those who continue to seek Him because they believe that He is good. You need to continue to seek Him because you need Him.

God wants us to need Him – He wants us to see that outside of Him there is nothing. It is a choice – we can choose to abandon God and/or the call of God over our lives or continue to press on towards the prize. ***I press toward the goal for the prize of the upward call of God in Christ Jesus (Philippians 3:14, NKJV).*** Those who reach the end win the crown of life.

But he who endures to the end shall be saved (Matthew 24:13, NKJV).

Blessed is the man who endures temptation; for when he has been approved, he will receive the crown of life which the Lord has promised to those who love Him (James 1:12, NKJV). God is looking for those who will press in. He wants us to win – He wants us to win the end goal. Those who endure will receive the crown of life – resurrected life. Laying down your life and receiving Jesus’s resurrection life. It is never easy laying down your life but it is a requirement of those who want to follow Jesus. Gods timing is all about ‘watching’ and then determining when you are ready. This makes sense, His timing is when **you are ready** to receive! During your trials will you continue to seek or will you walk away? Will you continue to praise and worship or will you become silent? If you are in a place where you are struggling to keep going you may be in danger of letting God go. You need to make an active choice and with all your strength, ability, power and might keep worshipping, thanking, praising and seeking. The word of God promises if you keep seeking you will surely find!

DON'T LET GO!

The Lord then spoke this to me – ***“You will be a sign and a wonder. I have left your healing until the very end for a display of My works. It is not that the prayers you prayed didn’t accomplish what they intended – it is about My timing as to when (what you have prayed) is sanctioned. Everything you have prayed and everything you have done will be actioned at once. You will be living proof of the Ministry and these prayers. I have allowed the afflictions to remain even though you have dealt with them. In this sense you are just like the blind man. This is so you can be a sign and a wonder to manifest My works through when you receive in My perfect timing.”***

(PRAYER) – “Father God in the name of Jesus I repent for resenting Your timing. Your timing is perfect but I have been wanting You to act in my timing. Only You can determine when I am ready. Thank You that You are the potter and I am the clay and that the potter does not respond to commands from the clay. Your first commandment to man Lord Jesus is to love the Lord your God with all of your soul, mind and strength, so with all the strength I have left I will continue to believe in You, love You, worship You, praise You and thank You. I will not give up. I will not abandon You, nor the call of God over my life. I repent for any time I have. I will

press toward the goal for the prize of the upward call of God in Christ Jesus. I will not let go of the promises you have given me. I will seek You and I will surely find You because Your word does not lie. Thank You Father, Son and Holy Spirit for not abandoning me when I allowed distraction to keep me from You. Thank You that You have chosen me to be a sign and a wonder to manifest Your works through. I praise You and glorify Your Holy name, Amen.”

Seeing As God Sees – I was going through a health trial that was very trying. I had on top of all my other myriad of symptoms a basal cell carcinoma which had just been removed from my upper lip. The lesion wasn't very big but the excision needed to be larger (19mm long x 6mm wide x 7 mm deep) because the kind I had was infiltrating which means it has the tendency to invade deeply and destructively. The surgeon had informed me I would probably need plastic surgery and a reconstruction after the margins were clear because it interfered with the cupid's bow and philtral dimple and philtral columns of my lip. After the removal I felt quite happy with the look of the result and hoped it would be clear so no further work would be needed. I prayed and prayed for clear margins and truly believed I would get them but the result came back that I needed more surgery because one margin was not clear. Knowing deep down in my heart this third surgery to obtain clear margins would more than likely end up in a reconstruction further down the track went completely against the promises God had given me. I felt like the promises of supernatural healing I had been given from God were a million miles away. To be honest things looked so bleak that I sobbed to God and told Him that I didn't trust Him anymore. Instead of light at the end of the tunnel I was seeing more and more bad news. Where was God in all of this? Things were going from bad to worse for me. The biopsy and then the excision had both been done under local anaesthetic which was awful but the reconstruction would need to be done under General. My body was already going through so much stress I was afraid of how the anaesthetic would react with me. Of course when I had calmed down I apologised and again prayed for direction because at the end of the day I truly trusted His ways for a better outcome than my ways could ever provide.

It was after I prayed that I felt to write this word I had been given a few days earlier. As I had been pondering my situation this is what had come to me – When circumstances are looking bleak ask God to show you the good in them. When God has given you a promise and the things around you seem to be the exact opposite ask God to show you how He sees. God sees 'good' through the bad. Bad things are sent to refine, test and make you more Christ-like. Dependency on God is what God is working through you. God needs you to come to the end of yourself so you can decrease and He can increase. This can only happen when you die to your old self. God 'in us' wants to live so we need to die to our old selves so our Christ-like selves can be resurrected. This is incredibly painful.

SEEING AS GOD SEES – If we ask God to show us through His eyes we will receive wisdom, revelation and understanding. Fighting against God is what many of us do. We do not understand what is going on and instead of being filled with love, praise, honour and awe for Him we are left with disappointment, resentment

and a feeling of being forsaken by Him. What happens when God shows you through His eyes? There is a letting go. Many things we go through are for our own good even though those things can feel incredibly bad. Partnering with God from the Heavenly Places enables God to produce in us 'the fruit' to go to a higher level in Him.

How do we partner with God? We praise Him, worship Him and continue to love 'on' Him through the trial. This shows God we trust Him. This must however come from a genuine place otherwise it becomes false worship. How do we get to that place when all we see is 'lack of help' from God? If we are believing God is not helping us and has forsaken us then our worship may come from duty only. God is looking for true believers who will worship in Spirit and truth. Worshipping in Spirit and truth is when we trust God and worship Him through our trials, knowing that He is for us no matter what we see. Many of us struggle to do this from a genuine place when we are hurting because we cannot see God is actually helping us.

As I was thinking all of this, this is what I heard Him speak to me – ***“Ask Me to show you through My eyes. When you see what I see you will then see why you had to go through what you have. Instead of being disappointed in Me you will have nothing but praise for Me – even during the toughest times because you will see what I see, which is the end result and the multitudes of people who will benefit from your suffering. When you see things through My eyes you will no longer see from a human perspective (which is through your flesh). You will see from a Godly perspective (which is through your spirit). This will enable you to press forward to reach the end goal and gain the prize. What is the prize? NEW LIFE – No longer you that liveth but He that liveth in you! “I have been crucified with Christ; it is no longer I who live, but Christ lives in me; and the life which I now live in the flesh I live by faith in the Son of God, who loved me and gave Himself for me (Galatians 2:20, NKJV).*”**

(PRAYER) – “Father God, Lord Jesus Christ and Your Holy Spirit I have failed to worship You in Spirit and in truth through my trials. I have been disappointed and believing because of disappointment that You have failed to be there for me in my time of need. I repent. I now ask for You to show me 'through Your eyes'. Please show me what You see. Please show me the end result of my suffering – let me see all is not in vain. I ask for wisdom, revelation and understanding and that my eyes be enlightened to enable me to continue and to understand and to trust that what I am going through is GOOD! Lord Jesus I ask for you to take the scales from my eyes. Help me to truly worship You in Spirit and in truth. Thank You, In Jesus name I pray, Amen.”

Being Vulnerable for Christ – What does the word vulnerable mean?

According to Collins English Dictionary it means 'someone who is weak and without protection'. The Cambridge English Dictionary says vulnerable is 'able to be easily physically, emotionally, or mentally hurt, influenced, or attacked'. The last thing any of us want to be is vulnerable. We want to be strong and do all we can to protect ourselves. Any time we have been vulnerable in our lives and been hurt we may

make an inner vow consciously or unconsciously to never allow ourselves to be vulnerable again. The Lord showed me recently that I had made this vow as a child. I did all I could to protect myself. I wanted to be in control always. If I was out of control it was a scary place. We may build walls of protection around ourselves and not allow any one in, including Jesus. We need allow ourselves to be vulnerable for Christ. Being vulnerable for Christ is to mean giving Him these areas of vulnerability trusting Him to protect them. It is about letting Him in and fully trusting in His ability to take care of us better than our own ability. We need to allow ourselves to be weak without protection in Him so He can become our strength and protection.

This is what the Lord spoke to me one day, ***“What is it that you hold on to more than Jesus. What is the thing you have that causes you to depend on it, rather than having full trust, confidence and dependence on the Lord Jesus Christ? Yourself! You depend on yourself and your own ability more than you depend on Jesus. You have to let go of self”*** We need to relinquish these walls of protection and our means of self-protection to Christ so we can ‘let go and let God’. This was one of the biggest blockages to my walk in God. I could not let go. I would hand over control to God and then take it back again when I got too scared or felt vulnerable. What does handing over control to God look like? When we pray as Jesus did – ‘Not my will be done but Yours’. Our whole purpose in God is to glorify Jesus and save souls. The decisions we make for ourselves should first and foremost be about the Kingdom. We need to be making decisions that will give Jesus the ultimate glory. Most of the time the decisions we make are about us and our well-being. Jesus once told me that when we put Him first, He will then put us first. The problem with not handing over control is that when we are putting ourselves in control it ties the hands of God in regard to many situations in our life. We may end up taking paths that ultimately don’t fully glorify Jesus as He ought to be. At the end of the day He is in control of all things – but by taking it off Him we are ultimately blocking His will and entering into our own wills. A true disciple is one who chooses God over self and self needs. ***Seek first the Kingdom of God and His righteousness and everything else will be added unto you (Matthew 6:33).***

When we do this God will supply our needs and ultimately we end up with our needs met, His needs met and many souls saved. The problem is we sometimes are in such a state wanting our needs met that we become so focused on how to find freedom, that we take control, do not wait on God and end up running around in circles trying to find our answers.

When I first became unwell I asked God why I wasn’t receiving His healing. This is what He replied – ***“I can’t heal you until you trust Me.”*** I told God “I can’t trust You until You heal me.” God then said ***“This is going to be a long slow walk for you then because I need to show you that you can trust Me.”*** He wasn’t wrong. In the natural God was not answering my prayers. Years and years passed by and instead of getting healing I got more and more wrong with me. I felt like I was going backwards with my trust, not forwards. What was He doing? He was of course outworking what I needed in His way, and in His timing so ultimately I would get the revelation and it would all make sense so in the end I could see that I could trust Him completely. During this time God once told me that there would be an event where I would have a choice to trust Him, or believe the lies of the enemy. I of course did not

know what the event was! The 'event' I have since learned can be through the trials and testing of our heart where we can either continue to follow Christ regardless of the circumstances, or not. One of these such events was when I got skin cancer above and on my top lip. The decision for me was, 'do I wait on God to supernaturally heal this or do I go to a doctor?' God had given me a promise years earlier through a respected prophet (and at least four other people over the years) that He would heal me of every affliction I had. God had even told me that He would use me to teach the world that all healing could come through Him when we yield over to Him every area of our lives. He told me that this Ministry was about revealing blockages that prevented us receiving our abundance in Him. He had shown me that His perfect will for us was to be healed through Jesus in us.

I had asked about doctors and He showed me that doctors were used by Him when we had areas in our lives that were unyielded to Him and because they were unyielded they couldn't receive His supernatural healing. Unyielded areas are areas that we are holding on to, in which we are too afraid to let them go and entrust them to Jesus. I told God at the time if He wanted to use me to teach the world healing can come through Him and not doctors that **I didn't think I had enough faith not to go to a doctor when I was sick because I was scared. He went on to say that He already knew this, and would remove them from me, and only leave doctors in place if there was a purpose to be outworked in me, or them.**

In the beginning of my afflictions I waited and waited for healing from God to be made manifest in my body. I never received it and instead got worse. In the end God took too long so I chose to go to the doctor on numerous occasions over the last six years. God kept His promise and removed every specialist and every doctor from me, including medicinal products which never healed me. Some even made me worse. Whilst all this was going on God spoke to me regularly showing me the many blockages in my own life that were preventing me receiving from Him. One of these afflictions was a lesion that grew on my upper lip. I waited a whole year hoping it was just a benign growth but it never went away. I became too scared to wait for God, after all He hadn't healed anything else so I went to the doctor. I was then referred to a plastic surgeon. The first step was a biopsy. I had faith because God said He would heal me and believed it would be benign. It wasn't, it was malignant. I then got told that I would have to have almost the entire middle section from under my nose to the bottom of my top lip cut out. It was the area involving my philtral column, philtral dimple and cupid's bow. The doctor told me that I would more than likely need reconstruction. He removed the lesion by cutting out a huge area. It healed well and looked fine and wouldn't need reconstruction. God had blessed me with such an elongated cupid's bow that I still had a tiny one left. The results came back. I didn't have clear margins. I would need a third surgery. This put me at risk again for the reconstruction. I lost the plot at God and felt like running away from Him. I didn't trust Him to heal me one bit at this point. I yelled at Him and told Him if I didn't believe with my whole heart that Jesus was the only one who could save me I would leave. Instead of been angry He was pleased that through all this I still believed that I couldn't be saved by anyone else but Christ alone. He showed me that He was testing my faith in His Son and I had proved that I believe in the Son. The second thing that happened in relation to this was when someone suggested I

may have been deceived and may never receive my healing. Even though I had been battling many doubts myself in this area, the moment it was actually threatened I rose up and said "I know that God said He would heal me and He does not lie" and I meant this with every fibre of my being. I believe at that point God had given me the gift of faith. I was then able to stand with this declaration against the enemy afterward when a negative thought entered suggesting that it may never happen. The third thing that happened was I was visited by a Christian friend the day before my third surgery who was also going through a health trial and was booked in for a major operation. I asked her if she thought it was Gods will for her to have the operation. She wasn't entirely sure and I wondered if He may want to supernaturally heal her, as I had a word that she was to be a sign and a wonder. I suggested that she may like to do what God had done for me, which was to ask Him to remove any doctors or surgeries that were not His will for her. She refused and did not want to pray that prayer as she was afraid God would remove the surgeon and not supernaturally heal her, which would ultimately end up with her living in pain. It was at that point that I realised how much I had come in my actual trust toward God as I had no issues to pray that prayer. I trusted Gods will more than my own and wanted His will. As I was pondering I went even further and wrote a new prayer of yielding myself and prayed it. This was the prayer: -

"Father God I am here to glorify You. I am here to promote You as My Lord and Saviour and as the only way to salvation. My will is to do Your will. My will is to take the path that gives You the greatest Glory. If I have to suffer more for Your glory then I will do it. I am here to do the will of God. Remove everything I have put in place that becomes an obstacle or blockage to glorifying You the best that I can. Lead me and guide me with a peace and knowing to make the right decisions. If I misunderstand and take the wrong path please do all that You can to put me back on the right path. I trust You and I trust Your ways. I choose to trust You and I step out of the boat and walk on water because my eyes remain firmly fixed on You. I want to take the route that glorifies You the most because I trust You. This does not mean it will be easy for me but it does mean that no matter what the circumstances I trust that You are good, that You are for me and that You want the best for me. I trust in Your goodness. I shouldn't be afraid to take that route because I trust You are good."

After I prayed the prayer I had a moment of thinking 'oh my gosh what have I done', but dismissed it and felt good about what I had done. Not long after praying that prayer the enemy started putting threatening thoughts into my head about how much I would have to suffer. It was every Job scenario there could be. It was so bad that I started becoming afraid of what I had prayed. Talking with my husband he told me that God would never give me more than I could handle and to trust Him. The thoughts I was having of the terrible things that could happen would seriously compromise the trust and relationship I had built with God and that is the last thing He would want to happen. I prayed about my fears to God and told Him the areas in my life that if touched I am not sure I could come back from, and if these areas were compromised how it would greatly affect the area of my service and relationship with Him. I know that He already knew but it was good to talk out loud with Him. I believe He showed me that the more we can trust and actually let go and step out into these areas trusting God, the more control He has because we have entrusted it into His

hands. If we hold onto things and avoid things through fear we are not giving Him access to them. If these things are not in His hands, then these areas of vulnerability stay vulnerable to the enemy. The more things in His hands the better it is for us because He is for us and not against us.

The next day after this was the day of my surgery. The thing that grieved me the most was that God said He would remove doctors from me, and had done so thus far, but He hadn't removed this one. I began to wonder if I had been deceived. The night before the surgery I had a thought to google Red Clover and surgery as I had been drinking Red Clover for a week to help with my menopause symptoms. I read that Red Clover can slow blood clotting and not recommended two weeks before surgery. I was excited. Maybe this was what God would use to remove the surgeon. I rang the surgery and asked them about the Red Clover. They said it would be fine and to continue with my surgery. At that point I knew that I had confirmation from God that I had to go through with this third surgery. I had given Him an out. If He wanted to remove this doctor at this time He had an open door. I didn't understand why He didn't take it but in that instance knew beyond a shadow of a doubt that this was the will of God in this situation, and to go ahead with surgery. I chose to trust God. I made a line in my carpet and stepped over it and declared 'I step out in faith and choose to trust you in the outcome of this surgery.' After arriving at the surgery half way through the process the surgeon told me that today was the most peaceful he had seen me. I smiled inwardly. After the surgery on my way home I was looking at the stitches and became worried as the cut was much bigger than I thought it would be. I hoped and prayed that I would still not need reconstruction. Each surgery I was losing more and more of my top lip and there was now no cupid's bow, philtral column or dimple. I was also feeling confused that God had chosen the surgeon to heal me when He had said that He had chosen me to show the world healing can come through Him. As I was pondering I heard God say "It is done." He repeated this three times. I broke down and wept. I felt really emotional and cried for quite a long time. I asked God "What is done", but didn't hear anything else. I went to bed confused and sad.

The next day I was minding my own business when the Lord again spoke. ***"Yesterday you let go of control. I had to bring you to a place where you had no control over the situation and where you had to let go and leave the outcome to Me. It wasn't that you had complete faith but you still let go and chose to trust in Me. You had no choice but to let go and hope that I would catch you. When you let go this is when I catch you. Taking a leap of faith is taking a step into the unknown. Some people are not willing to step out and take that step. In this instance I have to give them a helping hand. I will set up a situation where there is nowhere else to turn except 'hope in Me'. Hope is the beginning of faith. I want to show you that you can trust Me. This situation will turn out for good, your lip will be just fine and there will be no need for reconstruction, you will see."*** I then realised, during these times when we have absolutely no control over an outcome He will remove 'self' from us. God will remove 'us' being in control so we can see He is in control. God removed self from me. I had to be vulnerable and free-fall and not be able to control this outcome. The outcome was out of my control. Was it scary? Absolutely. It then dawned on me.

Throughout this whole walk God was teaching me to trust Him. He showed me that although I hadn't received any healing He had revealed so much of His heart and intentions to me. I was learning to trust Him, because I could 'see' Him. I saw His goodness, I saw the many reasons why so many of us are unable to receive what Jesus did on the cross for us. In that instance I felt so close to Him that He cared that much about me that I wanted more than anything to serve Him. Have I been healed yet? No. Do I love Him? Absolutely. Do I trust Him? More now than I ever have. Trusting God isn't about believing bad things won't happen to you, trusting God is believing He will work in them with you, so those things can be turned for good. Trusting God is believing He is for you all of the time. Trusting God is believing that He is good and wants the very best for you. Trusting God is believing that He won't let you suffer more than you can handle. I trust that God is all of these things. Why do I trust this? Because He showed Himself to me and I saw His heart and I saw that He was good!

The next day I had such a chuckle over the sense of humour of God. I was looking at my lip and feeling a bit sad that it had completely changed. It looked good and actually quite fine but the cupid's bow was gone completely. Interestingly I had always called my cupid's bow my 'M' as that is the shape it had. I was quite proud of my 'M' as it was really defined. The Lord spoke and said ***“Do you know what the ‘M’ in your lips stood for?”*** No I replied. ***“He said ‘Myself’. The removal of the ‘M’ in your lips represents the removal of yourself. I have given you new lips to preach the Gospel and deliver My words.”***

(PRAYER) – “Father God in Jesus name I repent for any inner vows consciously or unconsciously in which I declared I would not allow myself to ever be vulnerable again. I let go and allow myself to be vulnerable to You Lord Jesus Christ. I allow You to take me to that place where I am no longer in control of the outcome and have no choice but to hand it over to you. In the handing over I ask that I would see Your unfailing love and protection. I trust that You are for me and not against me. You promise to never give us more than we can handle. You know the areas in my life that if they were breached would seriously compromise the relationship between You and I. I trust that Your will is to grow our relationship to the point of 100% trust between us. I trust that when I am weak You will be my strength and my protection. If there are any areas in my life or in the life of my loved ones that are open to being vulnerable to the enemy, I ask that You would reveal them to me so I can hand them over to You, and You can put Your strength and protection over them. I want to live and breathe Psalm 91 where I am under the shelter of Your wings and in that place nothing can harm me. Once every area of vulnerability in my life is handed over to You Lord Jesus there will be no area of access left that is available to the enemy. I ask that You would continue to show me Your heart so I can 'see' you and see that there is nothing in Your heart but love for me. Thank You for showing me Your heart. Amen.”

Giving All The Glory To Jesus – I had been going through a massive trial. I was suffering debilitating anxiety with heart palpitations and non-stop adrenaline surges for over two years as I went through the menopause transition, during which time I had to have three surgeries for basal cell carcinoma. I ended up having the entire middle section of my lip which entailed my cupid's bow, philatral column and philatral dimples removed. The area covered from all surgeries measured 19mm long (from underneath my nose to the bottom of my top lip), 12mm wide and 7mm deep. There was a massive concern that I would need plastic surgery and reconstruction afterward because of the extent of the area. Praise God I did not! God had blessed me with a very long elongated middle section with a very pronounced cupid's bows which meant at the end of the third surgery these things were completely gone, but I still looked pretty normal. I was told that the surgeon was known as one of the best in New Zealand.

In regard to the surgeries it began with the removal of the entire lesion in a biopsy. The result was basal cell carcinoma. The second surgery was a much larger excision. I knew that the surgeries were absolutely the will of God. Previously God had removed doctors and specialists from me for every other ailment I suffered except this one. The day of the second surgery I had absolute peace and knowing and knew without a doubt this was the route He wanted for me. After this surgery I could tell that the result was pretty good and I would not need reconstruction. The result unfortunately came back that there was a small piece of tumour touching the margin in one area. The surgeon informed me that he had likely gotten all the cancer but because the margin wasn't entirely clear I had to have a third surgery to check. The third surgery meant that the risk of reconstruction was again looming although he felt it shouldn't affect the outcome too much more than the second surgery. I literally gave it all to God and really made a choice to trust Him. I asked Him if this surgery wasn't necessary to please cancel it. He didn't. Surgery went ahead.

The surgeon took a much bigger piece than I was expecting so I wasn't sure if I would need reconstruction. It would be easier to tell after the removal of the stitches and when I could wear make up again to gauge the situation. A week after the surgery I had my stitches removed. It didn't look as though it would look as good as it had done after the second one, but it was still too early to tell. The next day I got my results. I had 100% clear margins. There was no sign of cancer at all – the entire excision was clear. When I first got the results I wept with relief and praised God. Then the realisation hit me that this third surgery hadn't been necessary. I knew that in the surgeon's eyes he had to be sure otherwise it would have grown back and caused a bigger mess than before. I was in agreeance with the third surgery. I wasn't annoyed at him at all as he made the right call, but I was very hurt and annoyed at God. I felt like He had let me down. He knew that the cancer was gone and that they would find nothing after the third surgery. He had removed every doctor and specialist from me that were not necessary in the past but not this one. I asked why He had allowed this. I told Him that He could have stopped the third surgery from going ahead. Gosh He could have made the margin clear on paper if it was clear in reality. I told Him that I felt like I had gone through this for nothing and I was not too pleased about that, not to mention I couldn't understand why. I then

asked Him if He could show me why this had happened but to only show me when He knew I was ready to hear. In my current state I was not ready to hear!

Later that day I received a word that God would supernaturally reconstruct my philtral columns, my cupids bow and philtral dimples so that when I went back to the surgeon for a check-up he would witness a miracle and be saved. I was excited to get this word but it didn't come with the 'peace and knowing' so I wasn't sure I was hearing from the Holy Spirit. It may have been a counterfeit spirit to get my hopes up, only to be let down if it did not happen. I wrote the word down and put it to the side and waited for more. I had hoped it was right as I liked the idea that the third operation was necessary to save the surgeon once I received supernatural reconstruction. Ten days after surgery I started to apply makeup. The result was actually quite good considering. Although things were very different to how they were I was quite happy with the overall look. Of course it would look better if He did, but I could accept this as it was. I started wondering why God would supernaturally reconstruct when it didn't urgently need it. All I could think was that it was about saving the surgeon because he was the only one who truly knew the extent of what had been removed. If this wasn't the case and I had been given a false word then I again wondered why God would make me go through a third surgery for nothing. As I pondered this I started questioning within myself whether Jesus was actually going to heal me of my other ailments especially when the surgeon had done such a good job and I was probably nearing the end of the worst of the menopause transition. I had been going through perimenopause for at least six years with the last two being the worst. Most experts say that things generally get a lot better once the fluctuating hormones stop and re-stabilise at lower levels. This can take anywhere from 2- 10 years. I had lots of other things wrong that still needed healing but these three things (menopause, anxiety and skin cancer) were the worst of my issues. I had always suffered fear and anxiety and its backlash of physical symptoms but menopause had increased it almost ten-fold.

The Lord spoke ***“You are wondering if I am still going to heal you especially when the surgeon gave you such good results and your menopause transition may almost be over. Why have I not healed you of these things and why would I allow the world to do it for Me by using a surgeon and the natural time it takes for the menopause transition to run its course? You still had to go through the Cross! Why did I allow you to suffer more than you needed to? Why didn't I heal you earlier or stop the third surgery? It is all about dying to self. I used these things to test you, and I used them to refine you. You wanted a reason for why I let you go through this, the reason I am giving you is that I needed to refine you. I will bring the one-third through the fire, Will refine them as silver is refined, And test them as gold is tested. They will call on My name, And I will answer them. I will say, ‘This is My people’; And each one will say, ‘The LORD is my God’” (Zechariah 13:9, NKJV). Are you still willing to serve Me knowing this?”*** I thought to myself ‘Gosh I thought I went through this so God could use me as a sign and a wonder for His Kingdom, but instead it was just so He could refine me a little bit more’. Feeling a little disappointed and a bit hard done by I decided that God still knows best and answered “Yes I am Lord.” He spoke again ***“Why do I need to refine you? It is all***

for Christ. You prayed that you were willing to suffer more to glorify Jesus so I took you at your word. You enter into covenant with Christ when you give Him your heart. When you make Him your Lord and Saviour you give Him permission to cleanse you, to make you more like Him. When the word says to give Christ all the glory, what is the greatest glory you can give Him? Or do you not know that your body is the temple of the Holy Spirit who is in you, whom you have from God, and you are not your own? For you were bought at a price; therefore glorify God in your body and in your spirit, which are God's (1 Corinthians 6:19-20, NKJV). Glorifying Him in your body, soul and spirit. Allowing Jesus to change you into a Christ-like creation is giving Jesus all the glory. Sometimes I will put you through something so I can bring about change. Glorifying Jesus in your body and spirit is allowing Him to change you to become more Christ-like so you become a reflection of Him. You once said to me that you had to believe in Me before you could promote Me to the world. Before I can put My power in you and launch you into the world and allow you to promote Me to the world, I need to trust that You are a good example on behalf of My Kingdom. An uncircumcised heart does not reflect Me or My Kingdom. You need to walk in My ways and manifest not just My power, but also My heart. When you give Me your heart, I give you Mine. How many people are out there promoting Me who are not My true disciples. They have not been trained by Me in all of My ways. What message are these ones saying about Me to the world? I need ones who are truly willing to walk in My shoes, and be an example of My ways - to walk as I walked. Ambassadors of Christ need to reflect Godliness – if they are not then that makes followers of Jesus no better than the world. But you have not so learned Christ, if indeed you have heard Him and have been taught by Him, as the truth is in Jesus: that you put off, concerning your former conduct, the old man which grows corrupt according to the deceitful lusts, and be renewed in the spirit of your mind, and that you put on the new man which was created according to God, in true righteousness and holiness (Ephesians 4:20-24, NKJV). I change you from the inside out so the glory of Jesus can be revealed in you. But we all, with open face beholding as in a glass the glory of the Lord, are changed into the same image from glory to glory, even as by the Spirit of the Lord (2 Corinthians 3:18, NKJV). I give you My heart and You will see as I see. When you see as I see, you will want to walk as I walked. It takes time and when I deem that you are ready, I entrust you with more. The suffering comes before the Glory. It is not to punish, it is to refine. I also test your heart to see if you love Me. Did I not ask Peter three times if he loved Me? This represents the testing of your true hearts intent. Will you still love Me and be willing to serve Me if I do not give you what you want? When I don't give you what you want it is because I am teaching you something which you can then use to teach to others. The more you learn and teach to others, the more I give. Serving Me is about believing in Me no matter what the circumstances because You believe I am good, and that I am for you and not against you. You need to trust and believe that My ways are higher than your ways and that I am simply bringing out the best in you."

I then realised I didn't go through this for nothing. It was so the old me could die, and 'Christ' within me could live. I went through this to glorify Jesus in my spirit, soul

and body as He would be revealed in me after the old me had died and the new me was resurrected in Him. It was about God using what was necessary to outwork His purposes in me to put to death everything in me that walked contrary to Him. It was all about glorifying Him in our own bodies. I had always looked at giving Jesus all the glory in the context that whatever He did in my life that was a blessing I would tell my testimony and give Him all the glory. This was another way of looking at how we can give all the glory to Jesus. We allow Him to glorify our own bodies by changing us into the likeness of Him. Our bodies and spirits will then show/reflect His glory as He shines through us.

God never said that bad things would not happen to us. ***Many are the afflictions of the righteous: but the LORD delivereth him out of them all (Psalm 34:19, KJV).***

We need to trust Him and continue on the straight and narrow path. There will be tough times, but the testing is always for a purpose and a reason. It may be to refine us (***Zechariah 13:9***), or so we can prove we are genuine (***1 Peter 1:7, 1 Peter 5:10***) or to even bring you closer to Him (***Job 42:5***). At the end of the testing there are promises that we will have an abundance of joy, and that we will walk in strength (His strength). We will know Him more, and carry more of His anointing. We may give birth to a Ministry and carry new gifts and talents that we didn't have before. There will be times where we do not understand why we have to go through some of the things we are facing, but the main thing we need to remember is that anything God allows is for our good, the good of others, and for the glory of Jesus.

(PRAYER) – “Father God in the name of Jesus Christ I repent for believing any trial and suffering You have allowed was for nothing. I am sorry I believed that You let me down. I understand that there are various reasons as to why we go through suffering, one of which is the testing and refining of our hearts so we can become more like Jesus. I still love You and am willing to serve You because I believe You are good and that Your ways are higher than my ways. Thank You Jesus that because of You our suffering is never in vain. Thank You Jesus that You are transforming us. I thank You that my spirit, soul and body will glorify You as I am transformed into the image of You. I was brought at a price therefore I will glorify God in my body and spirit which are God's, Amen.”

******God asked me to also make a point at the end of this prayer that although He allows trials to outwork something good, His will is not to make us suffer. God is greatly grieved when we are suffering. The suffering is part of the refining and is a necessary part of being refined. He also does not want us to become entrenched and stuck within these trials longer than necessary, seemingly with no way of escape. God promises that He will not allow us to be tempted above what we are able to handle, and that He will provide a way of escape. **No temptation has overtaken you except such as is common to man; but God is faithful, who will not allow you to be tempted beyond what you are able, but with the temptation will also make the way of escape, that you may be able to bear it (1 Corinthians 10:13, NKJV).** He does not want us in trials any longer than we need to be. If anyone is going through a trial that seems unbearable, never ending and devoid of a way of escape, it may be that we are missing valuable keys He is revealing to us. He may have given us a warning and for some reason we have missed it, or been ignoring it.*

Sometimes He is speaking to us and giving us a way out and we are not hearing. We may have mind-sets that get in the way of what He is trying to show us. Sometimes we may not even be seeking or listening, choosing instead to simply continue to keep on doing it our way. It may even be through no fault of our own as we may have never been taught or shown how to hear the voice of God, or how to be set free through repentance and deliverance. The Lord showed me that satan has blinded the eyes of many of the ones whom God has called to shepherd over their flocks by removing the Holy Spirit, repentance and deliverance from their churches. However even when all this happens it is still **not** for nothing. We learn by our mistakes and by teaching others about them we can prevent them from making the same mistakes we have. The key is to make time to seek the Lord Jesus and be obedient to His direction. **Making yourself available** to Him to be used by Him for His Kingdom purposes is a sure fire way to enable Him to outwork His purposes through you. Wanting to do His will means that you can trust that He will remove anything that He does not believe will be of any benefit to you and your walk with Him. It is all about seeking a relationship with Him and asking Him to launch you into the call of God He has for you. If we trust God and work with Him He can turn any stumbling block into a stepping stone. **Trust in the LORD with all your heart, And lean not on your own understanding; In all your ways acknowledge Him, And He shall direct your paths (Proverbs 3:5-6, NKJV).**

And we know that all things work together for good to those who love God, to those who are the called according to His purpose (Romans 8:28, NKJV).

(PRAYER) – “In Jesus name I repent for blaming You for not helping me through my trials and suffering. I know that the trials You allow are for my good and for the good of the Kingdom. I am sorry if I did not seek or heed the voice of God and continued to walk in my own way. I forgive all those whom You have chosen as Shepherds over me who did not listen to You, or were deceived from delivering the Good News that held the keys to my freedom. I pray that You would open their eyes and ears and remove all deception so that the body of Christ can function in Your gifts and in the call and purpose of God as You intended. I want to do the will of God and I want to be available to You to be used by You for the Kingdom of God. Please remove all unnecessary things I am battling that are of no benefit to me or My walk in You. I pray that You would turn every stumbling block in my life into a stepping stone so I can go further in You. Thank You Lord Jesus, Amen.”

******Update on healing progress** - Four months after the last surgery I had my check up with the plastic surgeon who performed the excision. At my appointment he looked at me and said “Well I am amazed. I never expected it to look like this. I am so pleased for your sake that the result is this good, but I really wasn’t expecting it. It would take a trained eye to notice you have had any work done. You will not need any form of reconstruction”. I smiled inside as I knew it was God who had my back and had given me the excellent outcome. He had told me to trust Him throughout this procedure. Gosh even the surgeon who did the work expected me to come in after the third surgery to the follow up appointment with an end result of needing a reconstruction.

Strengths and Weaknesses - God once showed me that there are different strengths and weaknesses. We are shown by the word that His strengths rest in our weaknesses so He needs to pull out and expose our weaknesses so we can lay them down and give them to Him to strengthen. There are a certain group of people who don't allow themselves to be weak. This is the spirit of self-sufficiency and can inhibit us from receiving all that God has for us. These people are so strong that they refuse help from anyone. This in turn can also shut out God who wants to bless us with many things which are received when we yield our weakness to Him. This lack of surrender is pride and ultimately 'pride comes before a fall'. These people eventually have to fall in order for God to effectively use them.

The next group of people are the ones who are victims and cannot seem to ever become victors. There are many reasons why people are victims and sometimes it is through sin, curses and abuse that is done against us with the original root originating from a curse coming down our ancestral line. You often see abuse and victims going through generation upon generation of families. To remove the victim mind set and curse there can be many things that the Holy Spirit needs to reveal to break this off a person and/or family line. The Holy Spirit showed me one of the reasons a person cannot get set free from this is the self-belief that they are not strong enough or that they even deserve this.

I once ministered to a lady who had been a victim of her circumstances her entire life. Her parents were alcoholics and never gave her the attention, love and nurture she deserved. She then became married and her husband was abusive eventually leaving her. Her relationship with her children was also dysfunctional and distant. Her life and circumstances were dismal and she looked to Jesus for many years asking to be set free of all of this. After befriending her I noticed that many people whom she came in contact with rejected her – the reason for this I believe was because her life and circumstances were so full of tragedy and awful things that it became too heavy and burdensome to those around her. In other words they couldn't handle it and left. When she did get love and support I noticed that she became very dependent on those people hanging on to them for dear life so they wouldn't abandon her too. Although her life was full of tragedy and she was struggling with her health I noticed that at times there was an element of over-emphasising her misfortunes which gained sympathy and compassion from those around her. She craved love and nurture because this was lacking in her life and this had become an unhealthy way of receiving what she was lacking. I almost felt if there was no drama the molehills would become mountains which then brought sympathy and attention. I noted that this behaviour was unconsciously though as she was an honourable woman. It was an unhealthy pattern that had developed through trauma and circumstances because it gained her love and attention.

My self and others ministered to her on multiple occasions. We discerned through the Holy Spirit that her soul was severely fragmented and shattered in multiple places. The Lord revealed to us that He wanted to reveal the real her, the adult her whom He had made and that He wanted the adult 'her' to rise up and stay. Little did we realise that events and circumstances were going to determine how this was done. Her health already being poor along with chronic stress and anxiety was

made much worse when she started having issues with her teeth. After x-rays it was determined that a number of teeth (including previous root canals) had to be removed because there was infection. Many studies show that root canals and ongoing gum infections can cause a myriad of health issues which could have been a major factor in her on going health problems. Like most of us do during times of stress she needed the support of her family and friends as she entered into massive panic and anxiety. I noted however during these times, as she become reliant on others she would withdraw more and more inside herself (which was caused through the fear of her circumstances).

As I watched what was going on I felt helpless and overwhelmed and gave my burdens I was carrying in Ministry to God. I said to Him "Lord I am noticing that many of the people I minister to are becoming more and more dependent on me. I am not God. I am human and I am feeling overwhelmed by all of this. I give to You all my burdens and the burdens I am carrying on behalf of these people, please help."

The next day as I was pondering again this lady and what to do, I heard what I believe was the Lord Jesus and this is what He spoke, ***"She doesn't allow her inner strength to rise up because the lie the enemy has her believing is this; 'She needs to be weak and vulnerable to be loved'. The real her that carries the inner strength is hiding – this part of her does not want to be seen because the other lie she is believing is, 'If she is strong, people will think she doesn't need them anymore and they might leave'. She draws her love, nurture, strength and protection from empathy and sympathy from those around her. This started at a young age as a coping mechanism. I am drawing out her inner strength as I have to draw out ones strengths and weaknesses so I can build upon them."***

He then reminded me of my article I once wrote on becoming 'Over dependent on God' where I had wrongly waited and expected Him to come in on His horse as my knight in shining armour and rescue me from everything that I was struggling with. This is what He spoke to me at the time, ***"My warriors need to be strong, courageous and full of valour. My children need to meet me halfway in everything. I am here to help you, I am here to strengthen you when I see fit but over-dependency on Me makes one unnecessarily weak. Everything you have faced over the last four years and come out the other end was you - I played no part in it. Essentially I left you but only for a while, I will never abandon (permanently leave) you. There is a fine line to walk in Christ. Yielding everything means yielding everything - nothing left behind. Lack of self-worth is the root of all your infirmities you suffer. My strength in your weakness in this particular instance was to let you find your own inner strength. You were waiting on Me to do it all for you but I needed you to be strong in yourself too. Your weakness was lack of self-worth, not believing you were brave enough to do it. I needed you to be a conqueror so lack of self-worth could be healed. My daughter you are worthy, you are no longer a coward. How could I restore lack of self-worth if I did it all for you? There are times you need to let go and let God, and there are times that you need to 'rise and walk'. Self-sufficiency is another problem and the opposite of this where My children don't come to Me***

for help, instead they are furiously too independent. Over-dependency on God is where you want Me to do it all for you".

He then continued speaking to me about the lady I was ministering to, *"Remember I once told you that before My strengths can rest upon your weakness I first need to draw out your own strength? I have to bring out your strength to its fullest capacity so that when you have come to the end of yourself My strengths can rest upon those weaknesses that remain. These are the things that you are not strong enough to face or change. I will cause you to rise up until you break. Once broken that is when I can work. She (the lady in question) does not allow the inner her who contains her inner strength to rise up so I have not been able to get the best of her. How can I give her back her self-worth if she does not believe in herself? She too believes she is unworthy. This is the root of her sickness. She believes the lie that she is not strong enough. She is stronger than what she thinks and this is what I am showing her. She has become overly dependent on Me and overly dependent on others. I need her to see that she can do it. Anxiety and fear also tell her she cannot. Although I put My strengths upon your weaknesses it does not mean that weakness is the thing you should choose to operate in all the time. You need to operate in your strengths all the time and then when you are unable to do this because of weakness it is then at that point that My strength comes in. I can do all things through Christ who strengthens me (Philippians 4:13).*

*You can only do this through the tests and trials I allow so I can pull out what I want to remain and remove that which I do not. What you see as strength and weakness is not necessarily the same as I see. I use your strengths and My strengths (that which rests upon your weakness) to recreate the best you that you can be. Before I can do this I first have to expose and keep or remove that which is needed for My Kingdom. She needs to repent for not allowing her inner strength (which is her own strength) to come forth and then allow Me to outwork that which is necessary so I can bring the warrior out in her. Although she cannot see Me she needs to know that I am with her at all times. When she does things alone, she is not alone for I am with her. Once she is through this trial and allowed Me to do this she will come forth purified as gold. **Blessed be the God and Father of our Lord Jesus Christ, who according to His abundant mercy has begotten us again to a living hope through the resurrection of Jesus Christ from the dead, to an inheritance incorruptible and undefiled and that does not fade away, reserved in heaven for you, who are kept by the power of God through faith for salvation ready to be revealed in the last time. In this you greatly rejoice, though now for a little while, if need be, you have been grieved by various trials, that the genuineness of your faith, being much more precious than gold that perishes, though it is tested by fire, may be found to praise, honour, and glory at the revelation of Jesus Christ (1 Peter 1:3-7, NKJV).***

(PRAYER) – "Father God in Jesus name I repent that I have suppressed the warrior who is needed for the Kingdom of God within me. I repent for not allowing my inner strength which is my own strength to come forth and rise up. I have allowed that part of myself that is strong to be hidden because of many lies, one of which is that 'I am not strong enough' and another is 'That I deserve to be a victim'. I renounce these lies

and also the lie that 'I have to be weak and vulnerable to be loved', and the lie that 'If I am strong my friends and family will see that I don't need them anymore and leave'. I need to trust more in God and my family and friends and believe these people will love me in my weaknesses and in my strengths. I renounce the lie that You Lord Jesus are not with Me just because I can't see You. You are with me at all times bringing out the best in Me. I am sorry for all co-dependent relationships I have formed and for becoming over-dependent on You, and others, and not allowing myself to develop in character and strength. I repent for believing I am unworthy and I dismantle and cast out the spirit of infirmity in Jesus name. I call forth the part of myself that I have hidden and suppressed that is strong in Jesus name. I decree and declare that 'I can do it' and although I am bruised and battered I declare 'That I am brave'. I declare that 'I am worthy and deserve a place of honour in Your Kingdom because You love me. Jesus Christ You are mine and I am Yours. Thank You Jesus that when you have exposed my strengths and weaknesses, and kept and discarded that which is needed for Your Kingdom Your resurrection life can rise up in Me and recreate me into the best 'me' I can be. 'You' in 'me', and 'me' in 'You' means partnership with Jesus Christ and I can do all things through Christ who strengthens me."

(Prophetic Act) – Ask God to show you where your victor's crown is. Pick it up and put it on your head and declare – "I am no longer a victim, but a victor', Amen."

Tested and Approved - One afternoon I was sitting in my room when I sensed the Lord Jesus wanted to talk to me. Armed with pen and paper I sat at His feet ready to listen. This is what I believe He spoke – ***"As you go through the cross you will receive an abundance as there is an oasis waiting on the other side. What are the things you have been outworking?"***

Rejection of self and your belief of unworthiness.

Fear caused through lack of trust in God.

Anxiety Disorder caused from Lack of love from the Father.

Oversensitivity caused through a curse from when your ancestors condemned themselves and their descendants by pronouncing that the blood of Jesus be on them and their descendants forever (Matthew 27:25).

Your ancestors killed Me. You had to outwork their guilt. Repent ye therefore, and be converted, that your sins may be blotted out, when the times of refreshing shall come from the presence of the Lord (Acts 3:19, KJV). It was written in your DNA through genetic inheritance that you killed Me. You were judged guilty for their sins. My blood was on your hands. Repent means to turn away from. Hate is as murder. To outwork their guilt you had to love Me. To love Me is to also trust in Me. I test your heart. Blessed is the man that endureth temptation: for when he is tried, he shall receive the crown of life, which the Lord hath promised to them that love him. The word tried in Greek is Dokimos and means approved, accepted, pleasing. Three times I asked Peter if He loved me. This represents the testing of your heart.

*'Lack of love from the Father' – the original sin that enables the curse of anxiety to fall is 'when one puts satan in the place of Father God'. Your ancestors worshipped satan in the place of God – he was their father. To break this curse you needed to dethrone him (satan). How? By loving the Lord Your God with all of your heart, soul and might. You needed to put God back in His rightful place. There has been a testing of your heart. I had to test you so My Blood could remit the sin from you. **And almost all things are by the law purged with blood; and without shedding of blood is no remission (Hebrews 9:22, KJV).** The Blood remits the sin when you relinquish it. The Blood of Jesus is what you will carry. This represents a greater anointing. You drank My Blood in a worthy manner. Drinking My Blood is when you continue to believe in Me no matter the circumstances. You know that only through Me (Jesus Christ) you can be saved. Any attempt to save yourself means you have fallen from Grace. My Father had to teach you the difference between grace and works. You tried to earn His favour through your good works but the truth was you already had it - through the pure and precious Blood of Jesus. You had to learn that righteousness and acceptance came only through My Blood. The Blood of Jesus saves, redeems and heals. My Blood cleanses you from all sin, so how do you receive My Blood. You drink it of course. When you drink My blood in a worthy manner you are redeemed. Drinking the Blood in a worthy manner is true belief in the Son. **But what does it say? "The word is near you, in your mouth and in your heart" (that is, the word of faith which we preach): that if you confess with your mouth the Lord Jesus and believe in your heart that God has raised Him from the dead, you will be saved. For with the heart one believes unto righteousness, and with the mouth confession is made unto salvation. (Romans 10:8-10, NKJV).** Many confess with their mouth but don't truly believe in their heart. The testing and the trials proves your faith and also proves what is that good and acceptable and perfect will of God. **And be not conformed to this world: but be ye transformed by the renewing of your mind, that ye may prove what is that good, and acceptable, and perfect, will of God (Romans 12:2, KJV).***

(The word prove in Greek is **Dokimazo** and means 1) to test, examine, prove, scrutinise (to see whether a thing is genuine or not), as metals 2) to recognise as genuine after examination, to approve, deem worthy.)

*What is that good, and acceptable, and perfect will of God that you have to prove? The will of God is His desires. He desires that you prove Jesus to the world. His will is that you become a living testament to the resurrection power of the Lord Jesus in your own body. This can only happen through your weakness. **And they overcame him by the blood of the Lamb, and by the word of their testimony; and they loved not their lives unto the death (Revelation 12:11, KJV).** Only through weakness can you be raised up in strength. And He said to me, "My grace is sufficient for you, for My strength is made perfect in weakness." Therefore most gladly I will rather boast in my infirmities, that the power of Christ may rest upon me. Therefore I take pleasure in infirmities, in reproaches, in needs, in persecutions, in distresses, for Christ's sake. For when I am weak, then I am strong (2 Corinthians 12:9-10, NKJV). If you don't*

give Me access to your life and your weaknesses how can My power rest upon them. How can you prove Jesus unless you are a living testament to His power? Many hide their weaknesses from Me and from the world. How can you confess Jesus is Lord of your life if you don't allow Him full access to your life? All I require is you – all of you so I can uproot and expose those areas of weakness. Instead of hiding them from Me and the rest of the world, or trying to fix them yourself through the ways of the world I need for you to give them to Me. How can I heal them if you don't give them to Me? It is all about surrender and trust in Me. Self-sufficiency says 'I can do it'. Self-sufficiency is robbing My people of Me.

You can only do these things through Christ who strengthens you, but first you have to allow Me to strengthen you. Many are not allowing Me to strengthen them because they think they are not allowed to be seen as weak as that gives a place to the devil. Weakness and surrendering is what I require from you. This does not mean I condone laziness and 'not trying in your own strength first'. When you have gone as far as you can and are broken for Me that is when my strength comes through. Too many in their brokenness are still trying to heal themselves. They are hiding and pretending to the world they are strong. They pretend that they are okay. This pretence is wrong. They don't want the world to see their vulnerability as they think it is giving power to the devil. If they allow the world and other believers to see their weakness when following Me they think it undermines Me and all I stand for. Little do they know that I need for the world to see their weakness, otherwise how can they be a light and a testament when My resurrection power makes them strong. Self-sufficiency is robbing My children and the ones who are not saved because they will not hear what I have done for them because they are hiding their weakness from Me. How can I heal them if they don't give it to Me. Telling the world you are okay when you are not is denial. I need My children to surrender all but most of all I need honesty, not pretence.

*Be honest and share your needs with one another. Why keep it from one another what you are suffering? Fear of judgment has crept into the Church. Share openly with one another what you need. Lay hands on one another and pray for your needs. Seek Me and ask Me to show you what each one needs. My power has been restrained because there is a teaching that says 'don't talk about what is wrong or it becomes stronger'. Does this sound like something I would say, or is it the words of the evil one to keep what is wrong hidden? The first thing I will ask you is 'what can I do for you'? Come out of the darkness and into My light. Be open, be vulnerable. Pray for one another. No more condemnation against the weakness of another. **Is any sick among you? Let him call for the elders of the church; and let them pray over him, anointing him with oil in the name of the Lord: And the prayer of faith shall save the sick, and the Lord shall raise him up; and if he have committed sins, they shall be forgiven him. Confess your faults one to another, and pray one for another, that ye may be healed. The effectual fervent prayer of a righteous man availeth much (James 5:14-16, KJV).** Expose your weaknesses and allow My strengths to reign in them. What you can't do, I can. This does not mean I want for you*

to enter into self-pity or complaining against the Lord. This opens one up to the spirit of heaviness and also the destroyer. Focus – the most important thing is that you don't take your focus off Me. When one allows the focus to be greater on the problem than the problem solver this enters into idol worship as you are putting the problem ahead of Me. If this is you do not GIVE UP. Repent and put your focus back on Me. Help one another in love. Do not condemn one another for their weaknesses. My Church has become a poor reflection of Me. Church splits, divisions, dissensions, quarrelling, judging and arguments. UNITY! I am bringing you back together with oneness of heart, oneness of mind and oneness in My Spirit. Forgive one another. There is strength in numbers. When two or more are gathered I am among them but what is important for Me to be in the midst of them is unity – all of one accord. I am calling together My body. There is coming an outpouring of My Spirit. There will be signs and wonders amongst this group. Unity – oneness of Spirit, oneness of heart. Repent to your brethren, repent to Me. Forgive one another and surrender your hearts to Me.”

(PRAYER) – “Father God I repent for hiding my weakness from You and from the world in the false belief that it is weak. Expose My weaknesses Lord Jesus so that Your strength can rest in my weakness. I forgive those who judged me as weak and I bless them. I repent for judging others in their weakness. I pray for understanding, compassion and Your love to work through Me for them. I forgive those who gave me false counsel and I repent for all false counsel I gave to others. I repent for drinking Your Blood in an unworthy manner which is the times I entered into unbelief in You and Your promises. I repent that I turned to the ways of the world to fix my problems instead of giving them to You and waiting for Your direction. I repent for all self-pity where my focus became greater on my problems than on You who is the problem solver. I repent for complaining against You and for complaining against Your body – Your church of believers. I pray for unity Lord Jesus within the body of Christ. I pray for oneness in heart, mind and spirit through Your Holy Spirit for all believers so we can as a body reflect You and Your Kingdom. I surrender My heart to You Lord Jesus Christ afresh on this day. These things I pray in Jesus name, Amen.”

Thanking God – *In everything give thanks: for this is the will of God in Christ Jesus concerning you (1 Thessalonians 5:18, KJV).*

Be careful for nothing; but in everything by prayer and supplication with thanksgiving let your requests be made known unto God. And the peace of God, which passeth all understanding, shall keep your hearts and minds through Christ Jesus (Philippians 4:6-7, KJV).

And let the peace of God rule in your hearts, to which also you were called in one body; and be thankful (Colossians 3:15, NKJV). I recently received an email from someone thanking Me for my testimony on our website. This person informed me that they had forwarded it to the people in their Bible study group. I was happy that my testimony had blessed so many people. I had written this testimony around 7 years

ago. The next day I was pondering my testimony and remembered something I had written which was 'God once told me that everyone is healed they just have to walk in it'. I had asked Him about it at the time and this is what He had shown me. **Not everyone is healed immediately, for there can be spiritual blockages and mind-sets that can get in the way. Opening yourself up, and allowing others to minister to you, can set you up for the beginnings of your healing to take place. He has predestined a specific time and place that you will receive your healing. As long as you continue to make Jesus the Lord of your life you will eventually end up at that predestined place. There just may be some obstacles you have to face before you receive your answered prayers.** Coming back to the present day the part that said 'Everyone is healed' was bothering me. I asked God "What do you mean everyone is healed". I had been very unwell for many years and was waiting for healing. Well-meaning people were telling me that I was already healed when I was clearly suffering. This had always been something I struggled to understand and it really bothered me. Were these people correct after all in what they were telling me? Should I have been claiming I was healed when I was clearly suffering? The Lord then showed me that the moment you receive Jesus as your Lord and Saviour and are born-again you inherit every blessing from God because Jesus died to attain it for you. This includes health, wealth, wholeness, prosperity, love, joy, peace and many more.

He showed me that every single person who received Jesus inherited all these things. In fact it was His personal guarantee that these things were yours – no if's, not buts. This includes everybody! He then spoke these words ***"It is time to start thanking Me for what I have for you. I need you to focus on what I have inherited for you and I need you to really believe that these things are yours, and thank Me for them."*** He then showed me a vision of myself sitting on the couch with a lotto ticket in my hand. I was marking them off and saw that I had all the winning numbers. In my vision I jumped up in the air screaming "I am rich." In reality you are not actually considered 'rich' until you have cashed in the lotto ticket and received the cash but the winning ticket gives you the absolute assurance you are going to receive the winnings. This is how He wants us to see our inheritance. He then went on to say ***"You have not understood true faith. True faith is believing what I have for you even though you cannot see it. You have an inheritance through Christ, do you believe this?"*** I said 'Yes, absolutely.' He said ***"It is a 'guarantee', an 'absolute' that wholeness, health, wealth and prosperity is yours. However some don't receive the fullness of their inheritance until they have passed from this earth into the Heavenly realm. This is because of blockages and I am showing you how to access your inheritance by removing the blockages so you can then teach others. The blockages are never on My end, they are on yours. Blockages are things like unyielded areas, sin, mind-sets, unforgiveness, curses, and entering into the occult. There are many factors involved that need keys to unlock these areas in order to receive all I have for you.*** I then asked Him "What about the people who told me to claim I was healed when I wasn't? How does this fit in to all of this?" The Lord spoke ***"It is all about perspective and the right context. If you had leprosy I wouldn't expect you to go to your neighbour and tell them your leprosy was healed when you could clearly see it wasn't, as this would be a lie. You can proclaim as an act of faith that you are healed as you 'see' the end picture, which is the promise of your inheritance, because you believe what you***

are shown, but too actually give a testimony that you have been healed when you haven't yet received it, becomes false testimony. Faith is about the belief. What does your heart believe? Faith believes so much that in your excitement you declare what you believe. People need to use the word of God in the correct context. There is a balance in all things in the ways of God. Declaring you are healed in the hope that you might be is not faith. Faith is 100% belief with no room for doubt. You have an inheritance – it is yours. It is time to start focusing on this inheritance, believe in it and thank Me for it.”

Getting this perspective from God enabled me to see in a whole new light. I now understood the difference between faith (truly believing and declaring the truth in your faith) and merely hoping. Faith previously did not come from my heart. My faith operated from hope. I hoped it would happen but my heart was full of doubt because the promise of my healing had taken so long. I truly believe that every believer who has Jesus in their heart has been given an inheritance of blessing. God does not lie and the word of God shows us this truth. We need to see as God sees. God sees us as finished. He sees us from a God perspective and not a human perspective. We need to see ourselves from His perspective and start thanking Him for the finished result – even when we can't see it yet! Faith is believing and seeing the end result, then walking in it. Focus on the end goal and ask God to take you there. See yourself as whole and start praising the Lord. In fact He once told a friend of mine that thanking Him (instead of complaining to Him) helps to release the keys faster in order to receive the blessings.

(PRAYER) – “Father God I repent for lack of thanks. I repent for complaining and moaning. Help me to see the big picture, the end result. Help me to focus on my inheritance that Jesus attained for me. Help me to see ‘The finished result’, in the same way that You see. Thank You Father God for all the blessings and favour of God you have for me. Thank You Jesus for the health, wealth, prosperity, love, joy, peace, wholeness and favour of God you attained for me. Thank You for the inheritance. It is mine. I see it Lord, I see the end result - I am whole, I am healed, I am free, I am blessed – I believe this because I see the big picture. Thank You Jesus. Take me all the way Lord Jesus so I can be who You destined me to be. I pray this in the wonderful name of Jesus, Amen.”

Post Deliverance Infilling Prayer - “I break every curse over my life from preconception to the present day in the name of Jesus Christ. I ask Father God that every curse would be replaced with a blessing. In the name of Jesus and by the stripes He bore on His body I pray for healing within every area of my spirit/soul and body. *(Pray specifically for all ailments)*. I command all misalignments to come into divine order in Jesus name. I cast out the spirit of infirmity in Jesus name. I cast out fear, shock and trauma in Jesus name. I command every fibre, every cell and every part of this body to come into divine order. I command all pain to leave in Jesus name. I pray for a creative miracle in all areas where body matter needs to be regenerated. I command all cells, cell structure, DNA, RNA, and all parts of the spirit/soul and body not to remember all traumas in Jesus name. I pray for the fire of God to burn off all remaining remnants and dross in Jesus name. I command every demon who has

access to me to leave immediately in Jesus name. With the blood of the lamb I seal all doorways closed to the demonic and declare that demons can only exit and not re-enter. I bind the demonic doorkeepers and terminate their assignment against me in Jesus name. I ask for the Holy Spirit to infill with light all areas that were once dark in Jesus name. I pray for a hedge of protection to be placed around me and for any holes to be repaired in Jesus name. Thank You Father God in Jesus name for delivering me".